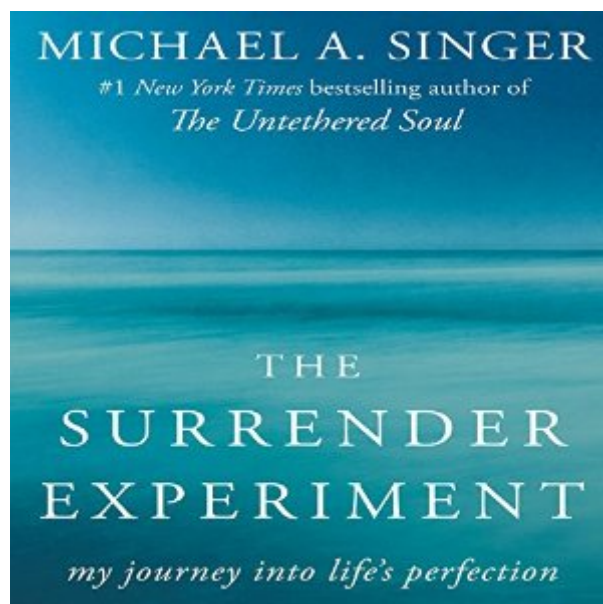


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# The Surrender Experiment: My Journey Into Life's Perfection



## Synopsis

From the author of the New York Times number-one best seller *The Untethered Soul* comes the astonishing true-life story about what happens when you just let go. A thriving spiritual community on over 600 acres of pristine forest and meadows in Florida, a cutting-edge software package that transformed the medical-practice management industry, a billion-dollar public company whose achievements are archived in the Smithsonian Institution, a book that became a New York Times best seller and an Oprah favorite, and a massive raid by the FBI that would lead to unfounded accusations by the US government - how could all of this spring from a man who had decided to live alone in the middle of the woods, let go of himself, and embrace a life of solitude? But this man had made a radical decision - one that would unwittingly lead him to both the pinnacle of success and the brink of disaster. Michael A. Singer, author of *The Untethered Soul*, tells the extraordinary story of what happened when, after a deep spiritual awakening, he decided to let go of his personal preferences and simply let life call the shots. As Singer takes you on this great experiment and journey into life's perfection, the events that transpire will both challenge your deepest assumptions about life and inspire you to look at your own life in a radically different way.

## Book Information

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## Customer Reviews

First I should say I'm a lover of Michael's first book "The Untethered Soul" which radically transformed my life, so I pre-ordered this one and anxiously awaited. Before I got the book, I wasn't sure if I'd totally buy into the premise of "complete surrender" because I'm more in the arena of "you

create your own reality" not to mention believing in parallel universes etc. etc. Michael's book is a totally different angle - life just happens, don't try to figure out why and how it's happening, you're not doing any of it, just follow life, and it'll be just fine. So with great intrigue I was looking forward to reading it. Even though I knew his perspective on life was different than mine, I do believe in surrender - meaning it's fine to envision something but then completely let go and allow the Universe to do its thing. So even if I used Michael's viewpoint in that way, I was open to hearing what he had to share on the topic of surrendering. By the way, some chapters ended with such an incredible promise of what will unfold next that you just had to keep reading. I told my son, "OK, leave me alone. I'll be in the sunroom for 5 hours - not getting up until this book is done!" I was up until after 1am, but it was done. I got both the audio book (read by the author) and the paperback.

### UNTETHERED SOUL VS SURRENDER EXPERIMENT

Untethered Soul freed me from the chatter of my mind. Although I had been familiar with the concepts of not allowing your thoughts to control you, Michael Singer explained it so radically clear, that my own transformation came via the Untethered Soul. Or so I thought. I might need to go back and re-read Untethered Soul because The Surrender Experiment was mind-blowing.

This book has changed my life. I have read Michael Singer's other amazing book, The Untethered Soul, several times and it is also very powerful. The Untethered Soul is more of a philosophy book; one that I could only digest for a few pages at a time. The Surrender Experiment reads more like a novel; I finished it in just a few days. What if we stop trying to control the world around us and just listened to what the universe or God wants for us? If we can trust the universal intelligence to keep planets and galaxies and nuclei spinning - to make gravity work and stars to form and our breath and bodies to function - why can't we trust that the universe knows what is best for us? Michael Singer decided to listen to God's plan for him and not consider whether he LIKED it or not. He decided to just go with what life put in front of him. As a young man he only wanted to live in the woods and meditate. Then God moved him toward becoming a teacher, then a house builder, then a computer programmer - and to found a spiritual community in the meantime. He didn't plan for any of these things. If someone asked him to build a computer program, he did it. If someone moved onto this land without permission and start building a house (!), he allowed it to happen. Surrender doesn't mean giving up on dreams or creativity. It doesn't mean letting people walk over you. It means saying "I intuitively feel that the universe put this person in my path for a reason, so I will listen to what she has to say. I believe God wants me to do this, so I am going to do it even though I may not think I'll be good at it.

As I begin a third year serving as President and CEO of the Institute of Noetic Sciences, I've been reflecting on what have been the most and least effective approaches to leadership. How can I best help our scientists, educators and all staff members work in their own particular "zone of genius"? • What are the most effective ways to negotiate collaborations or conflicts with both strength and with heart? How best to navigate legal, financial, and contractual arrangements? All while keeping the organization focused on the core work of re-enchanting the world through the science and application of consciousness. The other day, just as I was reflecting on these questions, I received an advance copy of my friend Michael Singer's new book *The Surrender Experiment: My Journey into Life's Perfection*. I immediately made it my morning meditation book, and perhaps not surprisingly, it's been exactly the right thing at the right time. In 2007, IONS's publishing imprint Noetic Books had the distinct honor of co-publishing, along with New Harbinger Publications, a beautiful and quietly profound book by Michael Singer entitled *The Untethered Soul: The Journey Beyond Yourself*. Featured on Oprah Winfrey's "Super Soul Sunday" and beloved by many, the book soared to the top of the New York Times bestseller list in 2012, and remains one of the most popular transformational books of our time. *The Untethered Soul* is a deeply spiritual and elegantly simple book about how to free yourself from limitations and discover inner peace. It's made even more interesting by being written by a man who has for decades lived in the woods at the meditation center he built, while simultaneously becoming founding CEO of a billion dollar public company.

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